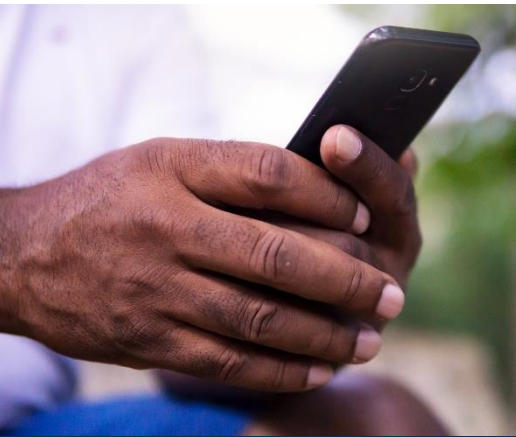


# Connect with a Health Care Provider from the Comfort of Home!

*A Phone Visit May be the Right Choice for You and Your Health*



*If you have a serious illness or injury and need emergency medical help, call 911 or go to the nearest emergency room.*

**Did you know that you can connect to a health care provider over the phone for things like check-ups, prescription refills, mild illness, and behavioral health counseling?**

Talking with a provider over the phone or virtually can be a good option for the following reasons:

- Save time and money for gas, parking, or public transportation that would be spent traveling to an in-person visit
- Flexible scheduling to keep from taking time off work or finding childcare during an appointment
- Avoid crowded waiting rooms

## Accessing Virtual Care

If you are on Medicaid, contact your Managed Care Organizations (MCO) for information about health care services, including phone or virtual visits with a health care provider. If you have questions about getting services from an MCO or signing up for Medicaid, call the **HealthChoice Help Line at 1-800-284-4510**.

### MARYLAND MCOs

**Aetna Better Health:** 1-866-827-2710

[www.aetnabetterhealth.com/maryland/whats-covered.html](http://www.aetnabetterhealth.com/maryland/whats-covered.html)

**Amerigroup Community Care:** 1-800-600-4441

[www.myamerigroup.com/md/home.html](http://www.myamerigroup.com/md/home.html)

**CareFirst BlueCross Blue Shield Community Health Plan Maryland:** 1-410-779-9369 or 1-800-730-8530

[www.carefirstchpmd.com/health-wellness/go-see-your-doctor-today](http://www.carefirstchpmd.com/health-wellness/go-see-your-doctor-today)

**Jai Medical Systems:** 1-888-524-1999

[www.jaimedicalsystems.com/members/member-information](http://www.jaimedicalsystems.com/members/member-information)

**Kaiser Permanente:** 1-855-249-5019

[thrive.kaiserpermanente.org/medicaid/maryland/why-kp](http://thrive.kaiserpermanente.org/medicaid/maryland/why-kp)

**Maryland Physicians Care:** 1-800-953-8854

[www.marylandphysicianscare.com/members/virtual-doctor-visits](http://www.marylandphysicianscare.com/members/virtual-doctor-visits)

**MedStar Family Choice:** 1-888-404-3549

[www.medstarfamilychoice.com/maryland-members/benefits/evisit](http://www.medstarfamilychoice.com/maryland-members/benefits/evisit)

**Priority Partners:** 1-800-654-9728

[www.ppmco.org/healthchoice-overview](http://www.ppmco.org/healthchoice-overview)

**UnitedHealthcare:** 1-800-318-8821

[www.uhccommunityplan.com/dual-eligible/benefits/telehealth-benefit-dual-health-plans](http://www.uhccommunityplan.com/dual-eligible/benefits/telehealth-benefit-dual-health-plans)



**MARYLAND**  
**Health Care**  
**Commission**